

# Daily Learning Planner

*Ideas parents can use to help students  
do well in school*

Enterprise City Schools  
Parent & Family Engagement



THE  
**PARENT**  
INSTITUTE®

## February 2021

### Daily Learning Planner: Ideas Parents Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- ☐ 1. Avoid criticizing your teen unnecessarily.
- ☐ 2. Tell your teen that you believe she can succeed. This will make her more likely to do so.
- ☐ 3. If your teen tries and fails at something, help him make a plan for what he'll do to prepare for the next time he tries.
- ☐ 4. Talk to your teen about bullying. Has she ever been bullied at school? Online? Has she ever bullied another student?
- ☐ 5. Watch a travel program together. Talk about where you'd like to visit.
- ☐ 6. Encourage your teen to read a biography of a person he admires and figure out what they have in common.
- ☐ 7. Give your teen a camera or a notepad and ask her to record "A day in the life of our family."
- ☐ 8. On days when there's no homework, have your teen use study time to review.
- ☐ 9. Mail your teen a valentine so it will arrive by the 14th.
- ☐ 10. Encourage your teen to make decisions. Involve him with decisions on allowance, curfews and other rules.
- ☐ 11. Look for a TV program about a controversial issue. Use it as a springboard for discussion with your teen.
- ☐ 12. Index cards are great for studying. Taking notes on them forces students to choose only the most important points.
- ☐ 13. Tell your teen about something you did in school that you would do differently now.
- ☐ 14. At dinner, have each family member say something nice about every person at the table.
- ☐ 15. Stock up on valentines when they go on sale. Send them to your teen throughout the year.
- ☐ 16. Call out some words from the dictionary during breakfast. See who can spell them.
- ☐ 17. When your teen sets a goal, have her say it aloud. This helps her believe she can do it.
- ☐ 18. Ask your teen to draw a diagram of something he is learning in school.
- ☐ 19. When choosing courses for next year, tell your teen a B in a tough class is better than an A in an easy one.
- ☐ 20. Invent a recipe with your teen. If it doesn't work, brainstorm together about ways to fix it.
- ☐ 21. Do you have a home improvement project to do? Ask your teen to help.
- ☐ 22. Strong report card? High grade on a test? Find a way to celebrate with your teen.
- ☐ 23. Parenting a teen can be challenging. Carve out some time to take care of yourself.
- ☐ 24. Ask your teen, "What do you wish we did differently at home?" Be open to her suggestions.
- ☐ 25. Post an inspirational quote where your teen will see it. Replace it often.
- ☐ 26. Teens know their shortcomings. They need you to remind them of their strengths.
- ☐ 27. At dinner, ask everyone to share one thing they learned today.
- ☐ 28. Enjoy some physical activity with your teen. You'll both get exercise—and it may lead to some great conversation.